



The Purple Pen

Eleanor Ellis

NEXT ISSUE: NEW YEAR

This year has been crazy, I just wanted to say that I hope everyone is staying safe and healthy. Most importantly staying happy (this is a bit harder when orienteering events have been cancelled) but in all seriousness, keep your mental state positive.

- A note from the editor

BACK IN BUSINESS

Thanks to Emma Taylor and Kay Hawke for a great start at Whitaker Park on the 19th September with over 60 competitors.

For those who attended, this was the first of the two that had the 'technical' aspect. In the planners words "The Technical Map had a sting in the tail of having a blanked out portion of the map so even seasoned Orienteers had to rely on bearings and using the ol' grey matter not to mention a few hills due to the lay of the land".

Whitaker Park will always be hard to create technical difficulty 5, however with the aspect of blanked out areas the competitor is forced to use orienteering skills to navigate their way to the control. Controls were positioned to avoid the risk of running into an obstacle, as long as your bearing was accurate, this increasing the technical aspect. After 6 months away from orienteering events this really warmed people back into the sport as well as attracting plenty of other orienteers and newbies. On the contrary, the orange course was just as technical, obviously at the right TD level, this led to plenty of family competition. This included the "bushwacking boulder field" that was on the technical course.



IN THIS ISSUE:

Back in Business, Elected Committee, A Thankyou, Halloween Trails, A Snippet from the Past, Interview Segment, Puzzles, Answers

This area was a good place to get back into the swing of things and prepare competitors for the following weekend at Spring Wood with an equally challenging technical course.

Another thanks to Mike and Kath Wallis for excellent follow up with Spring Wood on the 26th September. The event starting times had to be increased twice to allow for capacity of the many interested competitors.



Following the trend of the technical course at Whitaker Park, another set of blanked out areas. "Those astute amongst you on the technical will have noted that the diameters of the keyholes decreased with each control but there were clues in the surrounding ground with part stream or footpaths exposed". Orienteers that have never been to Spring Wood before, were not aware of the wide path network across finding the technical aspect slightly more challenging. However, many finishers gave positive feedback. The pairing of the moorland area sandwiched between the woodland added to the challenge and forced people to change from rough navigation in the vague direction of the control hoping to land on it to direct compass bearings straight to the controls through the long grass (if you were lucky- following the elephant tracks).

08-11-20

From the editors view, as I did not attend Whitaker Park, I thoroughly enjoyed getting back out and running about even though Mike did get to watch me tumble into a nettle pit.

Following the disappointment that the ice cream van arrived just as everyone had left Whitaker Park, I hope orienteers at Spring Wood enjoyed the present ice cream van.

And finally, the last of the three, a very spontaneous Night Street Orienteering in Rawtenstall. Once again well planned and organised by Emma Taylor and Kay Hawke on the 20th October.

Again, a successful and well attended event, with competitors ranging from the age of 6-80. In typical Street O' style, competitors could run off in various directions. "Sometimes it takes a short while to get your bearings on a Street O map but the speed at which some of you set off once you did was very impressive! Being called the Rossendale valley it didn't matter which way you set off eventually you came across a hill or two and after a very brief glance to see if anyone went for control 50, the hardest climb on the course up to the top of Myrtle Earth - a few warriors did!"



Although the main aspect of the event is the planning, George did an excellent job at organising Whitaker Park and Spring Wood – especially with the current pandemic.



Social distancing Covid-19 measures in place

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NEW MEMBERS OF THE COMMITTEE



Chair	Judith Wood
Secretary	Andy Ellis
Treasurer	Helen Ellis
Membership Secretary	Emma Taylor
Junior Representative	Eleanor Ellis
Events Co-Ordinator/ Permissions	George CS Bridget Jardine
Controller	Judith Wood Jim Mitchell
Results	Andy Ellis
Equipment Organiser	---
Welfare Officers	Kay Hawke ---
Club Coach	Gillian RW Hamish Willis
Volunteer Co-Ordinator	---
Publicity Officer	Danny Allen Kay Hawke
Newsletter Editor	Eleanor Ellis
Permanent Courses	George CS
Compass Sport Co-Ordinator	Gillian RW Hamish Willis
Website	Andy Ellis Danny Allen
Social Secretary	Kay Hawke

There are a few roles that haven't been filled, if you wish to take on that role it would be greatly appreciated. If you are interested please contact the chair.

- Equipment organiser
- Male welfare officer
- Volunteer co-ordinator

A job description for these roles will also be released soon.

08-11-20

A THANKYOU

- JUDITH WOOD

At this year's AGM two important and influential members stepped down from their roles within PFO.

Carole Pilling has been a member of PFO almost from its conception in the late 1960's. Carole's husband Brian joined forces with a few members of Clayton Harriers who were interested in developing this new sport of Orienteering in the North West. (a sneak peek for later). Together with Ken Turner and Gerry Charnley, Brian competed in events locally and eventually encouraging Carole to join in with daughters Helen and Alison.

As the girls grew up, Carole went on to compete in events and I'm reliably informed that she once finished 3rd in the Northern Championships! She would also join other family members in relays such as those organised at the White Rose weekends.

PFO was a large part of the Pilling's life and Carole has held most if not all official positions during her time as a member, she has been Club Chairman, Membership Secretary, Treasurer, representative to the North West Orienteering Association and most recently as social secretary organising the popular dinners at Sykeside House. Carole and Brian spent hours planning and organising events, working out courses using pen and paper and pouring over soggy control stubs to work out if the competitors had clipped the correct controls or not in order to work out results. How much easier is it today with the electronic technologies? One of their favourite events was the 2 day long orienteering event known as the Capricorn which involved not only permissions for land use but finding suitable weekend camping facilities for the competitors.

We have much to thank Carole for and although she is no longer involved in a formal way on the PFO committee I am sure we will continue to see her socially at events in the future.

Gillian Rowan-Wilde stepped down as Club Secretary this year after 5 years in this role.

Gillian began orienteering following a chance meeting with Jim Mitchell and Maureen Ashton. She was struck by their enthusiasm for the sport and encouraged to give it a try. Gillian has enjoyed many outdoor activities prior to orienteering and was the co-author of many cycling guide books, so embraced this new challenge wholeheartedly.

In order to encourage others to try orienteering (and to improve her own orienteering she tells me) Gillian began her training as a club coach and it wasn't long before she was delivering orienteering in schools within the PFO area and further afield as a coach with the North West Junior Squad.

Gillian has been instrumental in the delivery of coaching along with Hamish to PFO members and although she has relinquished her secretarial role I'm sure she will continue with her coaching and competition.

Thank you ladies for all your hard work over the years.

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HALLOWEEN TRAILS

- KAY HAWKE



Members of PFO created a Halloween Trail around

Rossendale aimed at getting families and people out exploring their local area over the Halloween weekend in the absence of being able to Trick or Treat! Courses of roughly two miles and 8 controls were made in Stubbins/Edenfield, Haslingden, Rawtenstall, Crawshawbooth and Stacksteads. The controls that they had to find were an A4 sheet attached to a lamppost or a telegraph pole with the PFO witch logo and a Halloween themed word underneath it. All of the information was on our website and 30 maps and answer sheets were printed off for each area for those that didn't have access to a printer. Community places such as Haslingden Library, Haslingden Community Link, Stacksteads Country Park Group, Rawtenstall Market and The Village Centre in Crawshawbooth helped spread the word about the event and distribute the maps for us. We again joined with Rossendale School Sports Partnership to launch the event with them being a great help reaching out to local schools to publicise the event.

Feedback from the trail was received from numerous participants saying "we really enjoyed it and it really cheered us up after the rubbish weekend. Thank you to the volunteers for putting the effort in", another "Thank you so much for doing this. Martha 7 and Sebastian 5 really enjoyed it and have said they want to do it again"

08-11-20

A SNIPPET FROM THE PAST

- CAROLE PILLING

Those who came to the 50th anniversary dinner will know the following, but new members start here. PFO was founded in 1965 as a result of some members of Clayton Harriers visiting Sweden on holiday and having a taste of the O-Sport. Amongst them was Gerry Charnley who became our chairman and eventually BOF secretary. SROC also started at the same time and although we organised the first O-event in England, SROC had their first AGM before us and therefore claim to be the first English Club. Southern Navigators under Chris Brasher was third. The first event was at Whitewell with twelve competitors.

Gerry invented the Karrimor International Mountain Marathon, now OMM, in 1968 and because of the connection, PFO have always manned the start/finish. Gerry in 1980 designed the Capricorn as a lightweight summer version of the KIMM, still a two-day event until foot and mouth interrupted things in 2000. We also did odd things like the first relay of the Pendle Way. Our record did not stand for long when our time was beaten by Clayton shortly afterwards.

The early equipment was a card with spaces for a self-inking stamp to record the relevant control but this was followed soon after by a needle punch – each control had a punch with a unique pattern so that officials could identify where the runner had been – correct or otherwise! This system continued until computing arrived. Our involvement with this new phenomenon started in 1963 as the previous year we had great problems working out the chasing start for the second day. If you do not know about that I'll explain it next time I see you! Computing was invented at the 1983 KIMM event, when we were given some space on the mainframe at BAE, Warton. Little did we know that a little man sat at Warton all weekend in case we had any problems – we did, but managed to sort it out for ourselves.

In time the present system evolved. Mapping also developed – the first maps were black and white copies of the OS. The trouble was the forests were illustrated with tree symbols so you couldn't see where you had copied the controls and you had to do that then – no printed courses already done for you. The first specially drawn map I remember was MDOC's map of Finsthwaite at Windermere – rather thick and funny colours.

Well that's a very potted history but my recall isn't what it was!

Issue 3

INTERVIEW No. 2

- JIM MITCHELL



When did you start orienteering?

I started orienteering properly in 1974 and a few events in 1971 – 1973.

What is your favourite area to orienteer in, and why?

My favourite area is Docharn and Deishar in Scotland – mentally and physically challenging.

What is your favourite terrain to run through?
Forested sand dunes.

What is your most memorable event?

The M65 championship standard in January 2010 in the Peak District or successfully planning the British Schools Championship at Witton Park in 2010.

I might also add, my eldest son David's win at the M10A (aged 8) at British Championships and both days at the JK as a M12A and Chris' huge number of successes from M10-M18 in the UK and abroad, twice representing England at Interlands.

And advice for beginners?

Persist even when struggling to improve after bad runs and learn how to use a compass accurately.

The best piece of advice you have been given.
Check your Codes!

Above all, enjoy the experience and appreciate the efforts made by the organising teams.

08-11-20

PUZZLES

JIM'S ANAGRAMS OF AREAS

PFO:

1 WARNED ROOM

2 SPLIT ARM

3 STALK A COIN

4 WEALTH HARP LOG

5 UNVERBALLY

6 TOW SHROUD

7 FIRST SORE BUNG

8 YEN POWER TALK

9 ALL TEN WARTS

10 CHEF LAY

11 HELP IN DELL

12 PAPER ELK

13 KNOT PRAM SHOP

14 WINK TO PART

15 NELLY COW EYRIE LOT

DEE/EPOC/SELOC/SROC:

16 CABLE FELON

17 MILDER MEN LAW

18 HANDLE TILL

19 FRY MOB

20 WILKO ALARM SPIN

Issue 3

WORD SEARCH

- EQUIPMENT



F	A	O	C	O	M	P	A	S	S	H	I
H	L	I	S	W	A	T	C	H	A	I	C
E	H	O	H	T	T	C	S	T	O	S	H
D	E	S	C	R	I	P	T	I	O	N	S
H	H	S	C	P	S	O	C	S	L	S	H
I	T	O	W	H	I	S	T	L	E	C	O
H	S	F	C	O	N	T	R	O	L	L	E
S	K	I	W	R	A	E	L	C	O	D	S
D	C	N	R	S	P	A	M	L	B	W	C
W	E	I	E	T	C	T	L	B	I	I	N
B	H	S	B	E	S	A	R	L	L	P	O
A	C	H	B	P	E	A	O	A	I	I	C
O	L	H	I	S	A	B	T	P	T	O	I
I	I	C	D	S	T	R	T	S	A	S	R

Control Dibber Shoes Finish Start Map Compass
Clear Check Whistle Description Watch

SUDOKO No.3

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ANSWERS

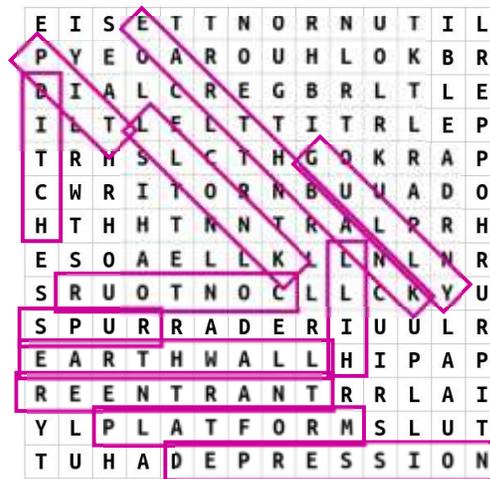
JIM'S A-Z OF PLACES, O VENUES, O TERMS AND PFO MEMBERS

- A – Accrington
- B – Blackburn
- C – Chorley
- D – Depression
- E – Edinburgh
- F – Formby
- G – Gully
- H – Humberside
- I – Inglewhite
- J – James
- K – Kate/ Kath(ryn)
- L – LOK
- M – Max
- N – Nil/none/nothing
- O – Orange
- P – Pendle
- Q – Quantocks
- R – RAFO/ RMOC
- S – Sabden
- T – Tockholes
- U – U
- V – Valley of Desolation
- W – Wharcliffe
- X – X
- Y – Yorkshire
- Z - Zero

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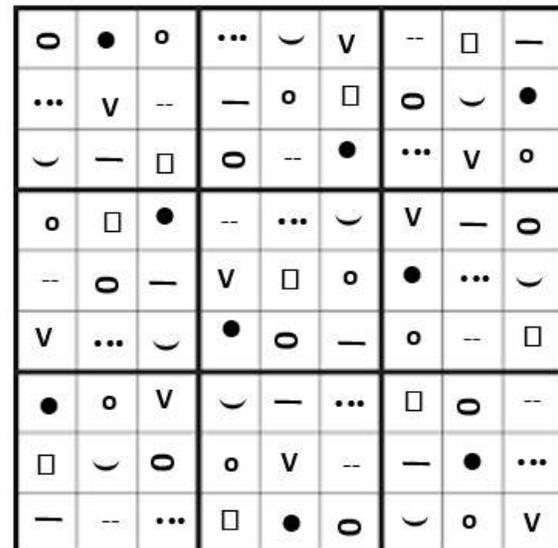
WORD SEARCH

EARTH FEATURES



Hill Platform Earth-Bank Earth-Wall Knoll
 Contour Spur Gully Reentrant Depression
 Ditch Pit

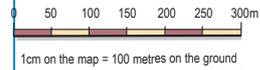
SUDOKO No. 2





TOCKHOLES

Scale 1:10000



Contour interval 5m

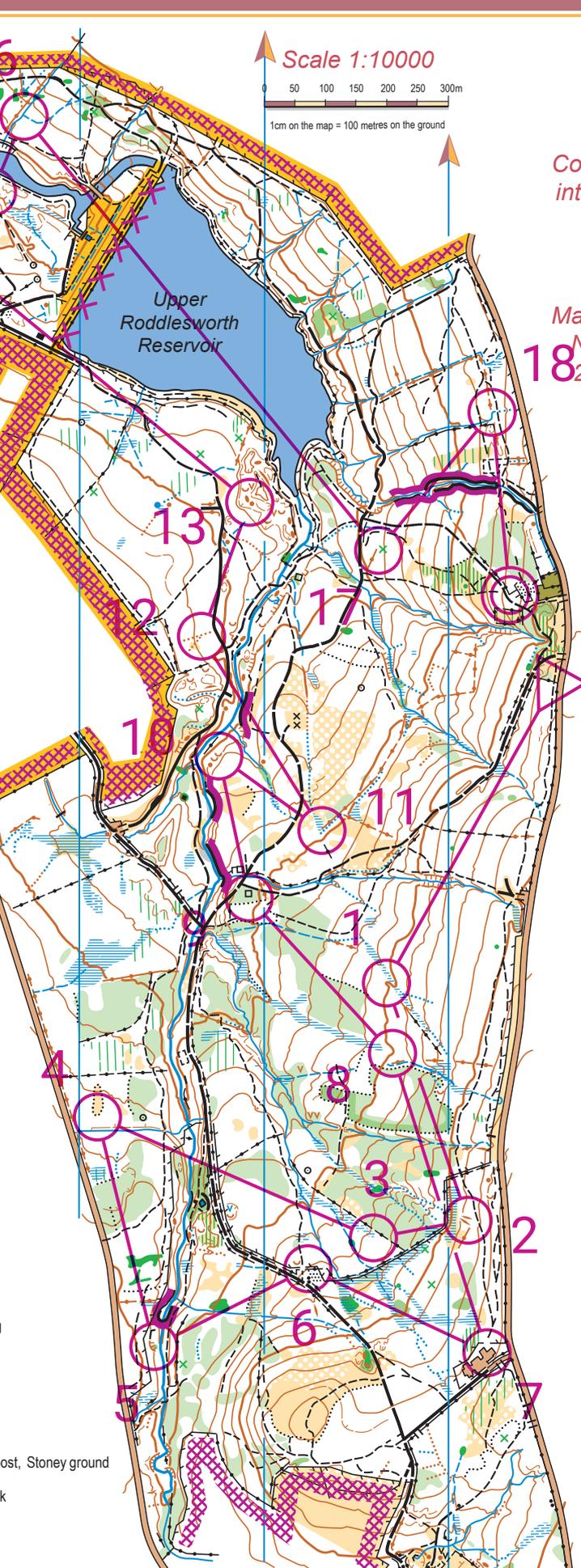
Magnetic North 2019

Newsletter v2 Apr2020

Blue	6.9 km		
1 124			
2 129			
3 119			
4 122			
5 121			
6 118			
7 120			
8 123			
9 102			
10 115			
11 126			
12 106			
13 107			
14 110			
15 113			
16 112			
17 127			
18 128			

Key to map symbols:

- | | | | |
|--|---------------------------------|--|---|
| | Wide road | | Contour |
| | Forest road | | Index contour |
| | Vehicle track | | Form line with downslope tag |
| | Footpath | | Earth bank - high, low, small |
| | Small footpath | | Earth wall |
| | Less distinct small footpath | | Low earth wall |
| | Wall, Gate | | Gully - large, small |
| | Ruined Wall | | Hill, Knoll, Long Knoll |
| | Fence, Stile | | Depression - large, small, pit |
| | Uncrossable fence | | Rocky pit |
| | Building, Ruin | | Boulders - large, stone gatepost, Stoney ground |
| | Cairn | | Crag - impassable |
| | Open land | | Dangerous crag or earth bank |
| | Rough open land | | Crag - passable |
| | Rough open with scattered trees | | Man-made object |
| | Woodland: run | | Bare rock |
| | Woodland: slow run | | Reservoir |
| | Woodland: walk | | Pond |
| | Woodland: fight | | Marsh, Indistinct marsh |
| | Undergrowth - slow | | Narrow marsh |
| | Undergrowth - difficult | | Wide stream |
| | Hard paved area | | Stream, Bridge, Spring |
| | Distinct vegetation boundary | | Ditch |
| | Out of Bounds | | Rootstock - distinct, 3m+ |
| | Forbidden route | | |
| | Uncrossable boundary | | |



Thanks to Jim for pointing out that the description for control 12 should in fact be an intersection of two minor erosion gullies and not minor water channels

08-11-20

WELCOME

Hannah Dabinett
Alice and Toby Bernstein
Sarah Addis

And welcome back Ben and Thea Crowther

DATES FOR YOUR DIARY

Entry by SiEntries:

CURRENTLY PLANNED:

5th December 2020

- Night, Nick O'Pendle (LOCAL)

6th December 2020

- Day, Nick O'Pendle (REGIONAL)

POSTPONED:

- Marl Pits Event

Everyone who has entered to do Marl Pits should have received an email about the options available to you about the postponing of this event.

See further information on the PFO website for final details on any events.

Do not rely on this newsletter for final information

Issue 3

USEFUL LINKS

O symbol training

<http://octavian->

droobers.org/index.php/coaching/on-line-quizzes/294-map-symbol-training

GMOA training videos

<https://gmoa.org.uk/how-to-videos/>



CONTACTS

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Instagram: pendleforestorienteers

Facebook: Pendle Forest Orienteers Page

Pendle Forest Orienteers

NEXT ISSUE

To submit any articles for the next issue

Email me at – newsletter@pfo.org.uk