Name	Category	Club	RaceTime	Penalty	Score	Handicap	Final Score
Ben Mounsey	M45	PFO	00:52:42	0	200	20	240
Emma Taylor	W35	PFO	00:57:53	0	200	17.5	235
Dave Motley	M45	PFO	00:51:45	0	190	20	228
Kay Hawke	W40	PFO	00:59:29	0	180	20	216
Ben Carter	M45	PFO	00:59:38	0	180	20	216
Katy Thompson	W70	PFO	00:56:26	0	130	65	214.5
Kirsty Hall	W50	PFO	00:51:43	0	150	40	210
Judith Wood	W60	PFO	00:56:39	0	150	40	210
Allan Hodkinson	M50	PFO	01:00:00	0	180	15	207
Isabelle&Katie Garrett	W21	PFO	01:00:20	2	158	25	197.5
Joanne Motley	W40	PFO	00:50:57	0	150	30	195
Helen Ellis	W50	PFO	00:57:59	0	150	30	195
Andy Ellis	M65	PFO	00:51:56	0	140	35	189
Karen Windle	W65	PFO	00:58:57	0	120	55	186
George Crawford-Smith	M80	PFO	00:53:53	0	110	65	181.5
Maggie Ridehalgh	W70	PFO	00:53:59	0	110	65	181.5
Ellen Butcher	W50	PFO	00:50:14	0	130	30	169
Nick Colwill	M40	PFO	00:50:29	0	160	5	168
Ginny Anderson	W70	PFO	00:54:18	0	100	65	165
Helen Ashton	W45	PFO	00:50:12	0	130	25	162.5
Wendy Crawford-Smith	W75	PFO	00:52:37	0	90	75	157.5
David Bliss	M70	PFO	00:59:42	0	100	50	150
Aly Brook	W40	PFO	00:48:48	0	120	20	144
Danny Allen	M60	PFO	00:49:46	0	110	30	143
Suzannah Cass	W35		00:56:44	0	120	17.5	141
Cath Hignett	W65	PFO	00:59:00	0	90	55	139.5
James Woods	M35	PFO	00:56:16	0	130	2.5	133.25
Martin Sadler	M60	PFO	00:49:30	0	100	30	130
Hannah Dabinett	W35	PFO	00:52:39	0	110	17.5	129.25